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POSTER ABSTRACTS

637.MYELODYSPLASTIC SYNDROMES - CLINICAL AND EPIDEMIOLOGICAL

Clinicopathologic Predictors of Hypomethylating Agent Failure in Patients with Myelodysplastic Syndromes

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Background: Hypomethylating agents (HMA), such as decitabine, azacitidine, and oral decitabine/cedazuridine, are standardof-care therapies for patients with myelodysplastic syndromes (MDS). Though they improve peripheral blood cytopenia and delay disease progression, most patients eventually lose response to these agents, a phenomenon known as HMA failure (HMA-F). Survival outcomes are poor with no Federal Drug Administration-approved treatment options in the HMA-F setting. Here, we assess MDS patients treated with HMA for potential clinical and pathological predictors of HMA-F.

Methods: We retrospectively evaluated all untreated patients with MDS seen at a single tertiary cancer center between July 2017 and July 2021 and identified those who received HMA therapy after diagnosis. Baseline patient characteristics and bone marrow (BM) data, including morphology, cytogenetics, and mutations, were collected. Genomic DNA was extracted from whole BM aspirate samples and subject to 81-gene target PCR-based sequencing using a next-generation sequencing platform. Survival data was updated in July 2023.

Results: A total of 799 untreated MDS patients were identified, and 455 patients (57%) eventually underwent treatment with HMA. With a median follow-up time of 46.8 months (95% confidence interval (CI): 44.4, 52.4), 174 patients (38%) were refractory to or later progressed on HMA therapy. Figure 1 depicts the differences in baseline clinical characteristics in those who remained on HMA therapy and those who developed HMA-F. HMA-treated patients who eventually developed HMA-F were more likely to be older (p=0.003), have higher BM blasts (p=0.044), and higher-risk by both IPSS-R (p=0.003) and IPSS-M (p<0.001) scoring systems. No differences were observed by HMA treatment type, number of cycles, and response. More patients underwent allogeneic stem cell transplantation while on frontline HMA therapy than after development of HMA-F (p < 0.001).

Figure 2 shows the distribution of mutations detected in at least 10 patients between individuals who remained on HMA therapy and those who developed HMA-F. TP53 mutations tended to be more prevalent in those who developed HMA-F (p=0.067). No mutations were detected in 31 patients (11%) on HMA therapy and 13 patients (8%) with HMA-F (p=0.222). Interestingly, patients who remained on HMA therapy more frequently had multiple mutations in the same gene than those who developed HMA-F (58 patients (21%) vs 12 patients (7%), p<0.001).

The median overall survival from MDS diagnosis was 35.9 months (95% CI: 31.9, 55.3) in those who remained on HMA therapy vs 22.5 months (95% CI: 18.9, 25.7) in those who developed HMA-F (p<0.001). When only accounting for patients who underwent SCT, there was no difference in survival between the two groups (current HMA therapy 53.9 months vs HMA-F 58.1 months, p=0.541). In the HMA-F cohort, the median overall survival from the time of HMA-F was 6.8 months (95% CI: 5.5, 9.6).

Conclusions: In this group of MDS patients treated with HMA, patients who eventually developed HMA-F were older with higher BM blasts and higher-risk disease by IPSS-R and IPSS-M. No statistically significant differences were observed by HMA therapy details, cytogenetics, and specific mutations, but those with multiple mutations in the same gene tended to remain on HMA therapy. Further investigation into predictors of HMA-F and potential other treatment modalities is warranted.

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Figure 1. Baseline Patient Characteristics by HMA Treatment Status

Patient Characteristic	Median [Range]/N (%)		
	HMA Therapy n=281	HMA Failure n=174	P-Value
Male Gender	178 (63)	111 (64)	0.923
Therapy-Related MDS	97 (35)	63 (36)	0.714
Laboratory Values		2. 2000	
WBC (K/µL)	3.0 [0.4-27.8]	2.9 [0.5-34.4]	0.340
ANC (K/μL)	1.24 [0.05-23.40]	1.29 [0.08-25.90]	0.469
Hemoglobin (g/dL)	9.2 [5.2-16.2]	9 [6.2-15]	0.053
Platelet count (K/µL)	82 [7-647]	69.5 [7-636]	0.921
BM blasts (%)	4 [0-20]	6 [0-18]	0.044
Cytogenetics*			j.
Normal	94 (33)	58 (33)	0.892
Complex	98 (35)	71 (41)	0.107
Cytogenetic Category			
Very Good	4 (1)	2 (1)	0.549
Good	106 (38)	61 (36)	
Intermediate	49 (18)	25 (15)	
Poor	37 (13)	18 (11)	
Very Poor	83 (30)	63 (38)	
IPSS-R*			
IPSS-R Score	5 [1.0-10.0]	5.5 [1.0-10.5]	0.003
IPSS-R Category			
Very Low	12 (4)	2 (1)	0.014
Low	59 (21)	19 (11)	
Intermediate	61 (22)	36 (21)	
High	64 (23)	49 (29)	
Very High	83 (30)	63 (37)	
IPSS-M			
IPSS-M Score	0.81 [-2.00-4.59]	1.42 [-1.92-5.54]	< 0.001
IPSS-M Category			
Very Low	6 (2)	1 (1)	0.038
Low	49 (17)	16 (9)	
Moderate Low	27 (10)	16 (9)	
Moderate High	36 (13)	17 (10)	
High	65 (23)	42 (24)	
Very High	98 (35)	82 (47)	
HMA Therapy			
Monotherapy	176 (67)	115 (66)	0.463
Combination Therapy	100 (36)	58 (33)	
Placebo-Controlled	5 (2)	1(1)	
Number of Cycles	5 [1-56]	7 [1-47]	0.845
Responder**	126 (45)	80 (49)	0.421
Allogeneic SCT***	108 (38)	20 (12)	< 0.001

^{*2} HMA patients and 5 HMA-F patients with missing cytogenetic data
**10 HMA-F patients with missing response data
***2 HMA-F patients with missing transplant data

Figure 1

HMA HMA-F % Mutated 30

Figure 2. Most Common Mutations in HMA-Treated MDS Patients.

Most Common Mutations

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